



I certify that I am at least 18 years of age (or have a parent/guardian present to sign for me) and confirm that the answers provided on this form are true and that Hoops, Thighs & Buttocks are relying on those answers in allowing me to participate in classes.

I understand that Hoops, Thighs & Buttocks online classes/workshops may be physically demanding and there are potential personal risks involved in hula hoop/dance training.

I voluntarily participate in Hoops, Thighs & Buttocks online classes/workshops with full knowledge that there is risk of personal injury or property loss. By participating in classes, I agree that I am personally and unconditionally assuming responsibility for any harm, damage or loss suffered by me as a consequence of my participation.

I agree that neither I, my heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against Hoops, Thighs & Buttocks, it's directors, instructors, or employees for the loss, damages or injuries arising out of or in relation to the participation by myself in any activities conducted or organised by Hoops, Thighs & Buttocks.

Medical care in case of emergency:

I hereby give permission to the instructors and/or representatives of Hoops, Thighs & Buttocks to seek, at my expense, medical advice and/or medical treatment, the use of ambulance service or other emergency transportation, and/or hospitalisation for my self in the case of an accident, injury, trauma or illness whilst participating in classes/workshops.

Emergency contact name and number: _____

By signing this document I acknowledge that I have had sufficient opportunity to read and understand the potential risks outlined above. I understand that I have the right to consult with legal counsel, or have voluntarily waived my right to do so.

Name:

Address:

Signature:

Date: